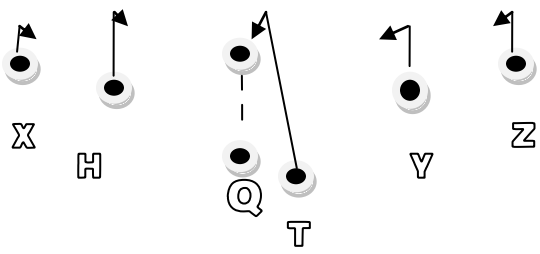
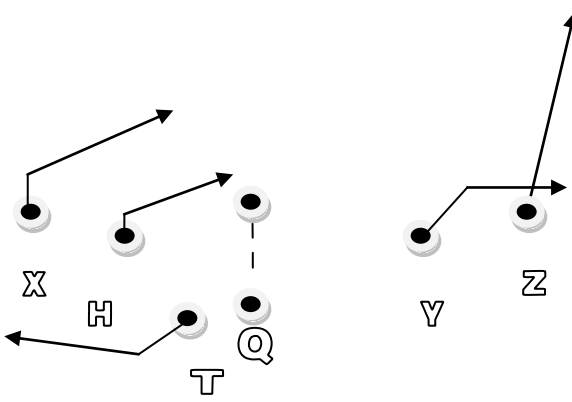
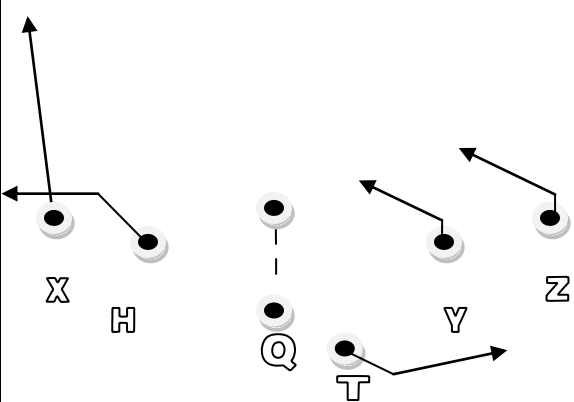
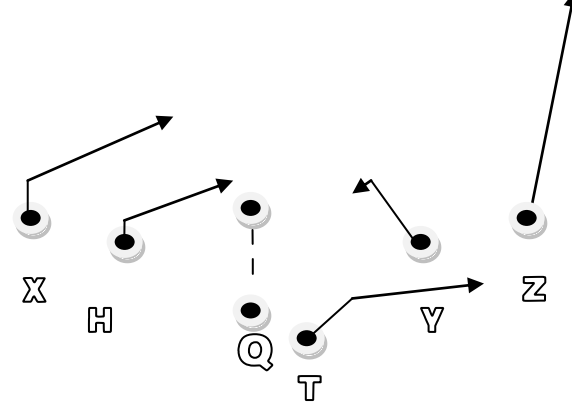
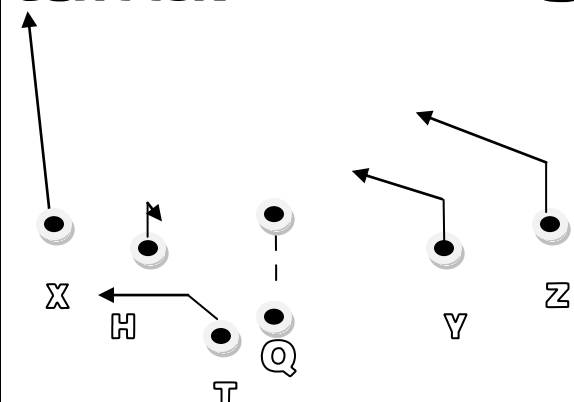
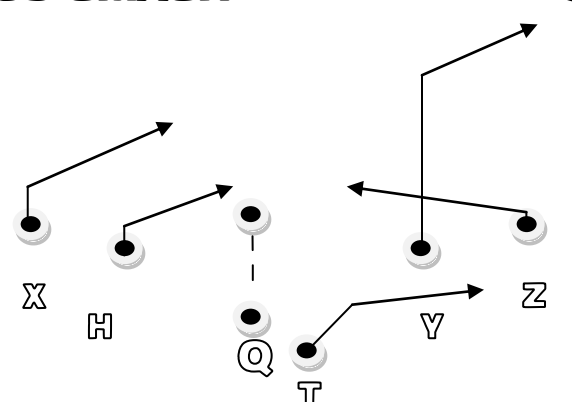


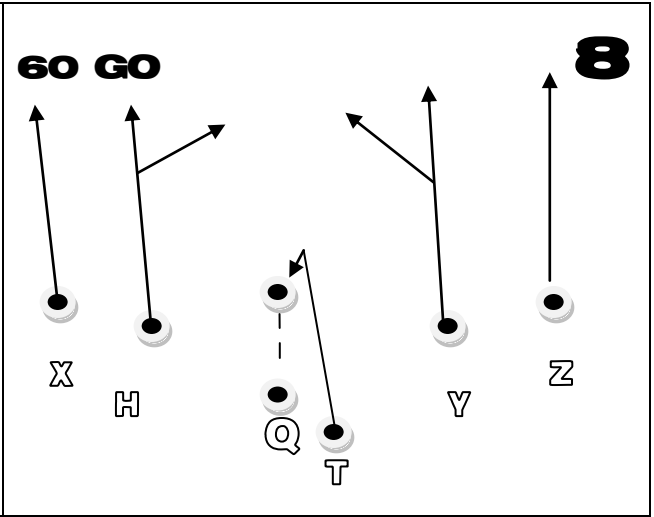
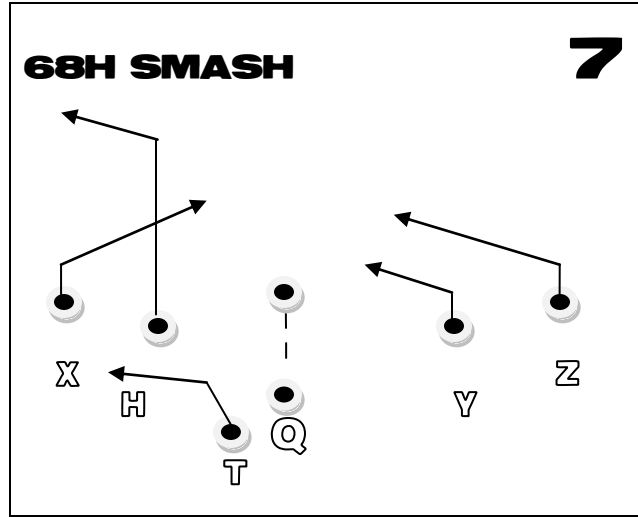
**RRQB TRAINING ELITE FOOTBALL LEAGUE**  
**7 ON 7 PLAYBOOK** 

**RYAN ROBERTS**

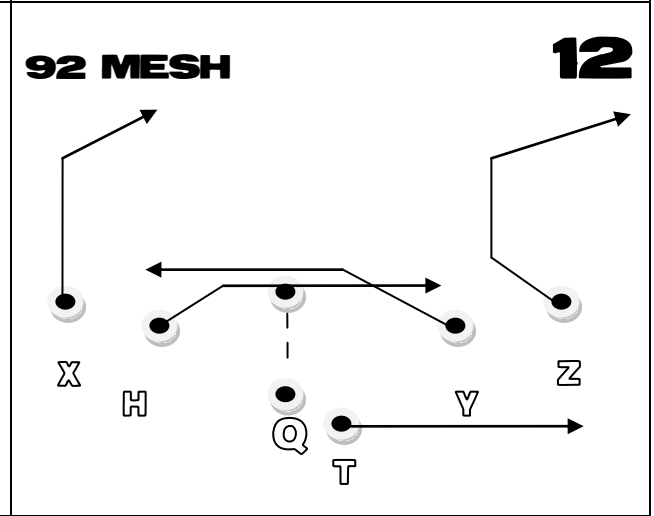
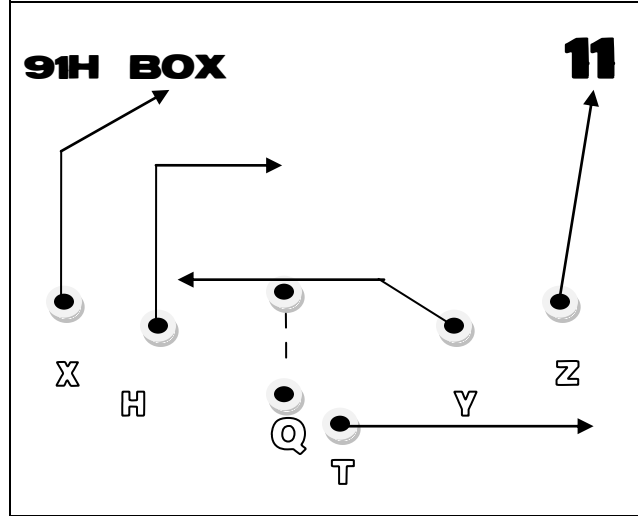
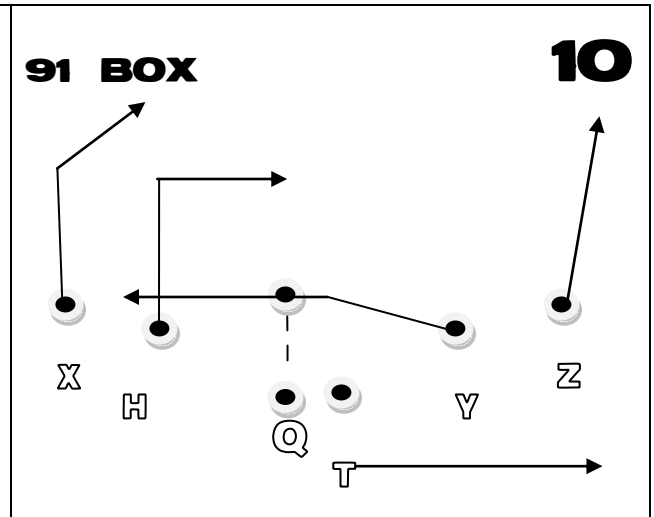
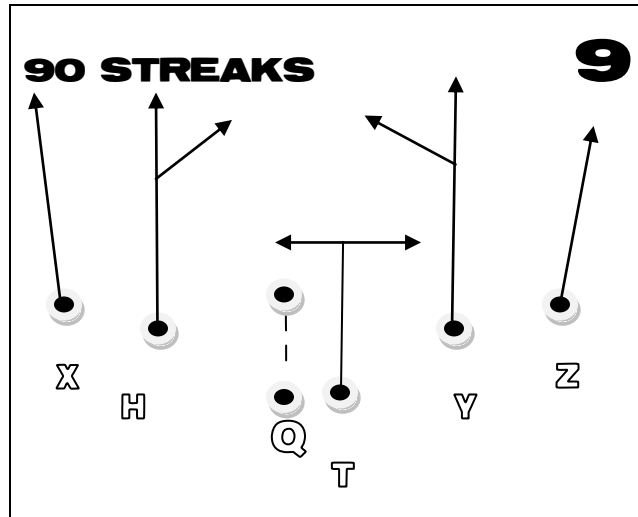
# OFFENSE

## 60'S (QUICKS)

<p><b>61 STICKS</b> <b>1</b></p>  <p>X H Q T Y Z</p>	<p><b>64 QUICK OUT</b> <b>2</b></p>  <p>X H Q T Y Z</p>
<p><b>64H QUICK OUT</b> <b>3</b></p>  <p>X H Q T Y Z</p>	<p><b>65 PICK</b> <b>4</b></p>  <p>X H Q T Y Z</p>
<p><b>65H PICK</b> <b>5</b></p>  <p>X H Q T Y Z</p>	<p><b>68 SMASH</b> <b>6</b></p>  <p>X H Q T Y Z</p>

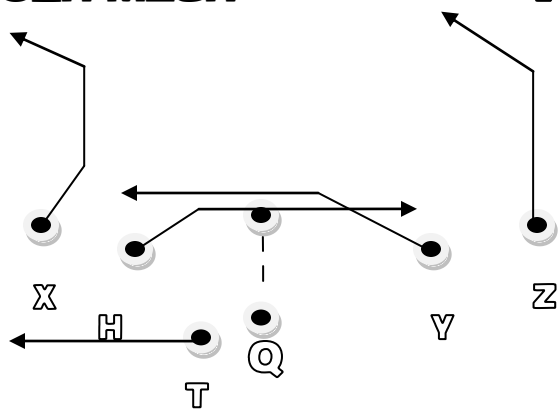


**90'S (DEEPS)**



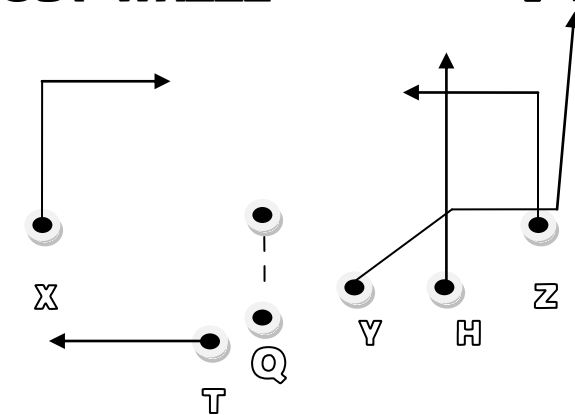
**92H MESH**

**13**



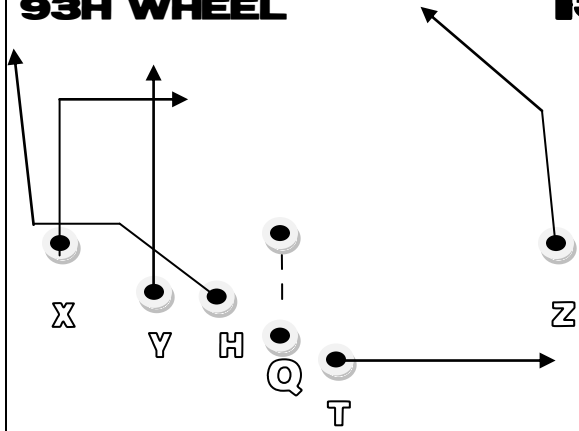
**93Y WHEEL**

**14**



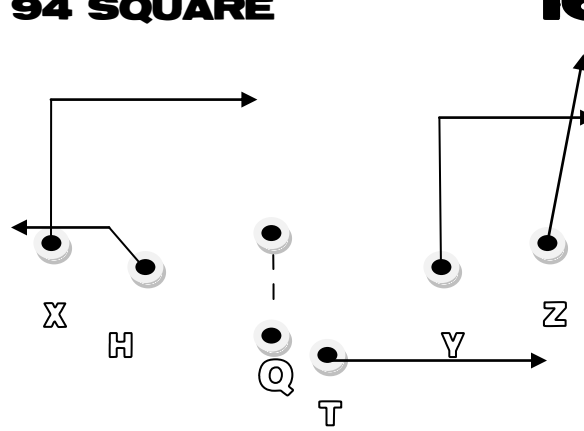
**93H WHEEL**

**15**



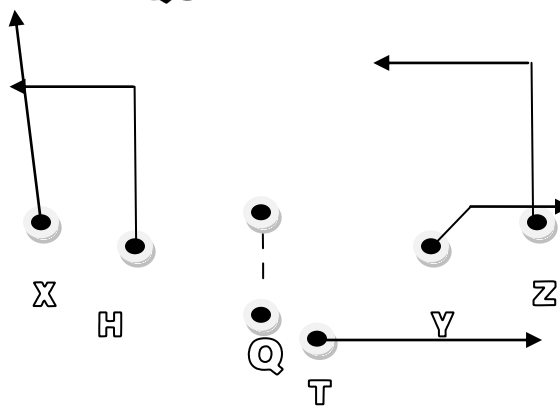
**94 SQUARE**

**16**



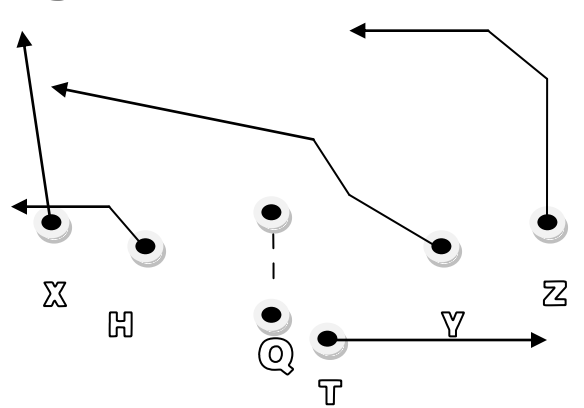
**94H SQUARE**

**17**



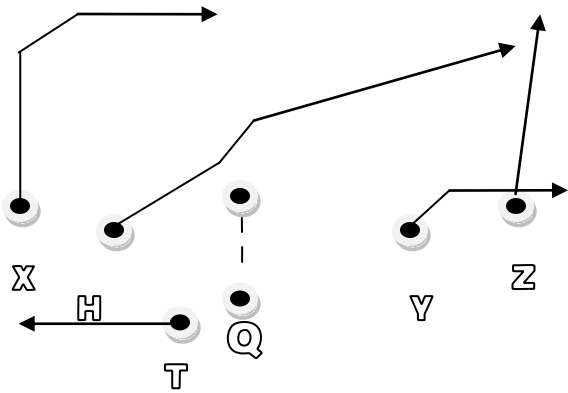
**95 CROSS**

**18**



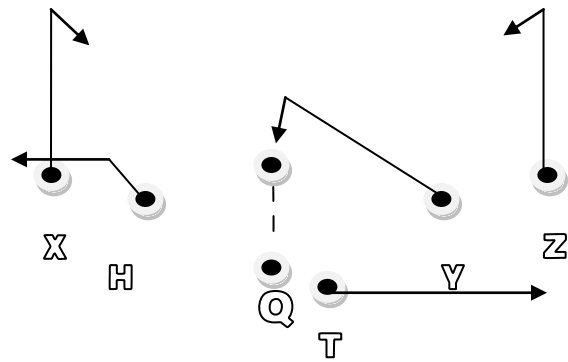
**95H CROSS**

**19**



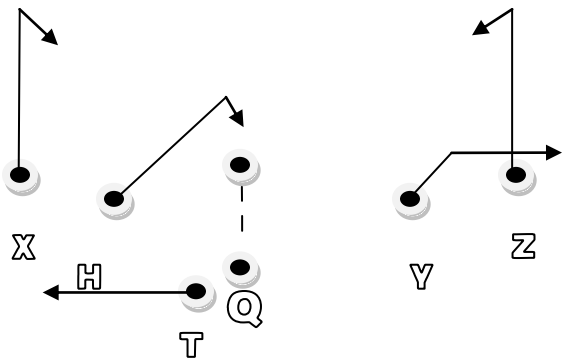
**96 CURLS**

**20**



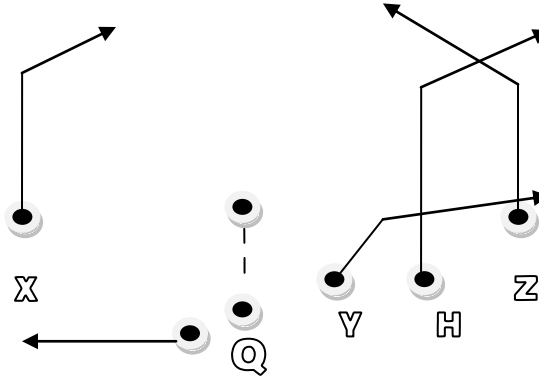
**96H CURLS**

**21**



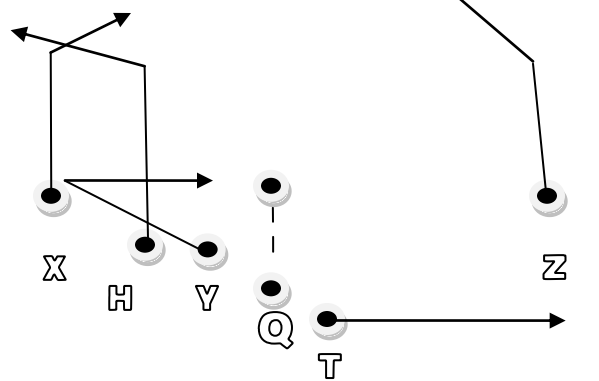
**97 SCIZZORS**

**22**



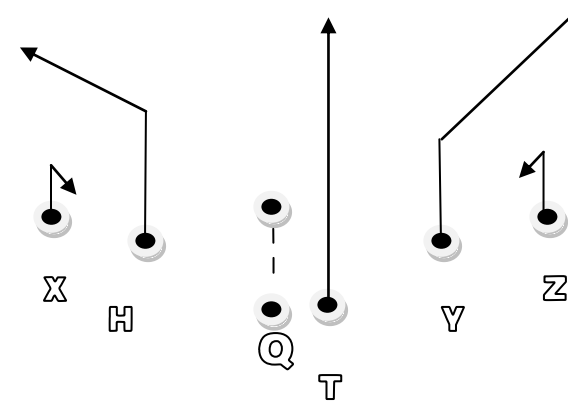
**97H SCIZZORS**

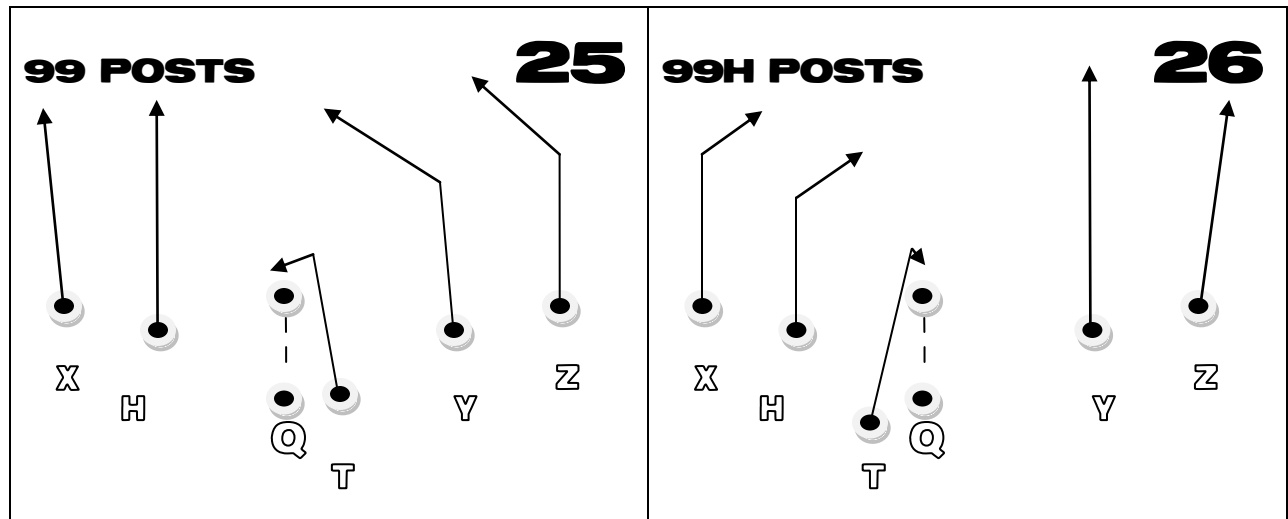
**23**



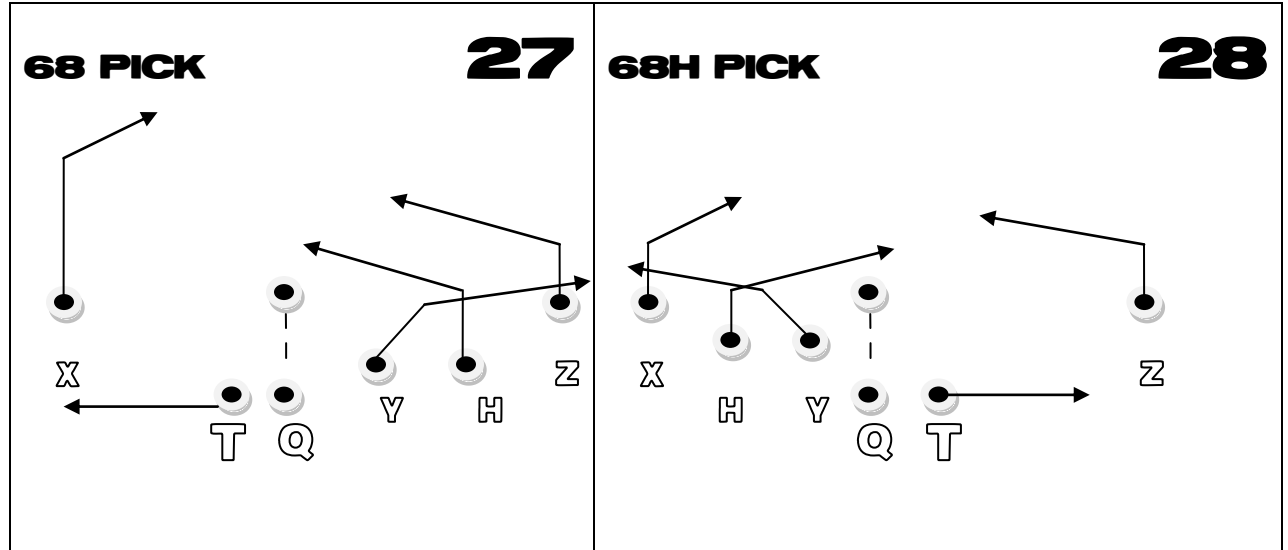
**98 DOUBLE SMASH**

**24**



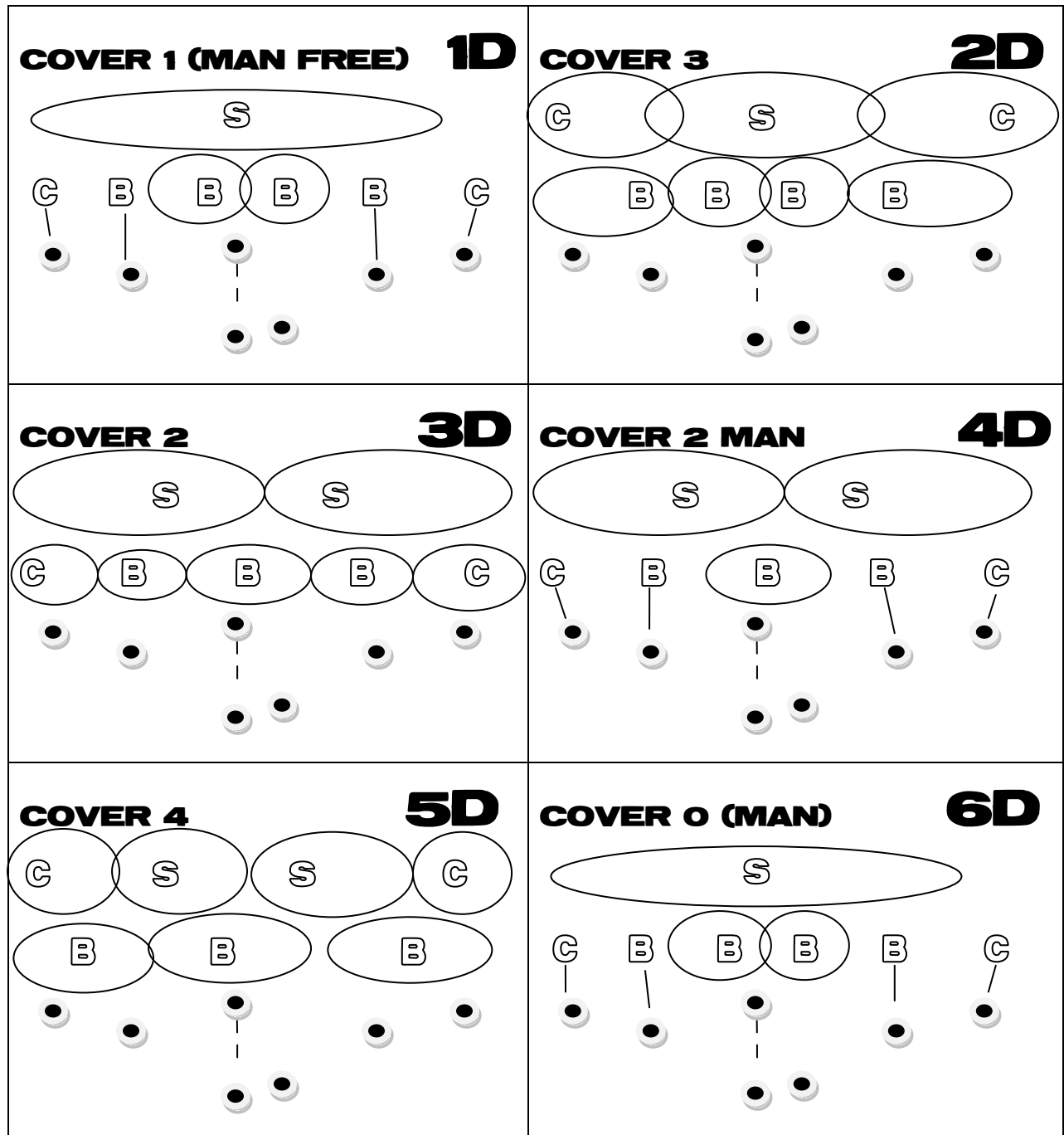


## GOALLINE/SHORT YARDAGE



# DEFENSE

## COVERAGES TO 2x2



# COVERAGES TO 3x1 RT

<p><b>COVER 1 (MAN FREE) 7D</b></p>	<p><b>COVER 3 8D</b></p>
<p><b>COVER 2 9D</b></p>	<p><b>COVER 2 MAN 10D</b></p>
<p><b>COVER 4 11D</b></p>	<p><b>COVER 0 (MAN) 12D</b></p>



# COVERAGES TO 3x1 LT

