

RRQB TRAINING ELITE FOOTBALL INSTRUCTION

CHRISTIAN INSPIRATION



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DREAMS

Jeremiah 29: 11-12

"For I know the plans I have for you," declares the Lord, "Plans to prosper you and not to harm you, plans to give you a hope and a future. Then you will call upon me and come to pray to me, and I will listen to you."

We all have certain dreams within our hearts that we want to see come to pass, and we strive so hard for those desired outcomes. As football players, we need not lose sight of our own personal goals and dreams as athletes, but we also must realize that God has plans and dreams for us as well and we need to adhere to and seek after the things that God wants for us. Just as God spoke through the prophet Jeremiah to the exiled people of Jerusalem in the scripture above, as believers in Jesus Christ we have the assurance that God is in complete control and desires to take care of us if we will just ask him to. Let's remember this week to pray to God and seek after what His dreams and desires are for our lives. Ask Jesus to help you reach the goals and dreams that He has laid on your heart as a Christian Athlete, because He has promised that He WILL listen.

BELIEVE

Mark 11:23-24

"I tell you the truth, if anyone says to this mountain, 'Go, throw yourself into the sea,' and does not doubt in his heart but believes that what he says will happen, it will be done for him. Therefore I tell you, whatever you ask for in prayer, believe that you have received it, and it will be yours."

It is so easy for us to say that we believe in something when everything seems to be going great, and everything we do seems to be prospering. During the good times in life, there are many "believers", but I truly feel that in the difficult and discouraging valleys of life, is when we truly find out who the true "believers" actually are. In the scripture above, Jesus is making a promise to us that if we will just have faith and truly believe in what we say, that mountains can be moved on our behalf and that whatever we ask for in prayer will be granted. So many times in life, our lack of faith prevents us from seeing the blessings that God has in store for us. I just want to encourage all of you this week to seek after what God wants for your life, and sincerely ask God for His will to be accomplished. God is our ultimate provider and He desires for us to lay our requests at His feet. God wants us to believe.

"Dear God, move heaven and earth on our behalf to make us victorious, in Jesus' name, AMEN."

WORK HARD

Proverbs 14:23

All hard work brings a profit.

Colossians 3:23-24

Whatever you do, work at it with all your heart, as working for the Lord, not for men, since you know that you will receive an inheritance from the Lord as a reward. It is the Lord Christ you are serving.

At times it seems so difficult to keep working hard when the end "profit" seems so out of reach. As Christian athletes we need to realize that God wants us to use the athletic talents that he has blessed us with to bring glory to Him, and we can do that by working with all of our heart. It is important for us to understand that although we are working on behalf of our teammates and coaches, we are more importantly working for the One who has saved us, and blessed us with our athletic skills, to be used for His glory! This week just focus on the fact that God has promised a reward for our hard work, and that we need not lose sight of the "profit" that is to come! **"LET'S KEEP WORKING HARD FOR THAT BOWL GAME"**

PERSEVERE

Hebrews 12:1

"Therefore, since we are surrounded by such a great cloud of witnesses, let us throw off everything that hinders and the sin that so easily entangles, and let us run with perseverance the race marked out for us."

As football players, we acknowledge the truth that there will be many witnesses that we will strive hard to impress with our performance. We also know that if want to perform well, we must let go of everything that may possibly keep us from performing up to our full potential. We must rid ourselves of all doubts and fears, and we must block out all distractions in order to 'run a good race'. The above scripture is referring to our daily walk with Christ as the 'race'. It states that in order to live the proper Christian life we must realize that the outside world is watching how we handle certain situations in our lives, and just as athletes are critiqued for their play, so are Christians critiqued for the way they live their lives. Once we have asked Jesus to forgive us of our sins and to come into our lives and save us, we have now entered the race. But the only way we can truly compete to win is by confessing and letting go of all of the sins in our lives that are dragging us down. Also, we must never quit, but instead persevere when the hard times come. I encourage all of you this week to let go of the sins, the doubts, and the fears that may be holding you back, and to persevere until the race has been won.

RUN

Isaiah 40:30-31

Even youths grow tired and weary, and young men stumble and fall; but those who hope in the LORD will renew their strength. They will soar on wings like eagles; they will run and not grow weary, they will walk and not be faint.

We must realize that even in the midst of hard times and difficulties that God is still at work in our lives, and we must NOT stop running the race that God has set up for us to run. The Creator of the Universe holds everything together with his hands, and desires us to turn to him during those times of distress. As human beings we will eventually stumble or fall, but the important thing we must understand is that the only way we can get "back on our feet" is to rely solely on the Lord. The verses above state that when we do put our hope in the Lord, that He will give us a source of strength so powerful that when we run we will not become weary, and when we walk we will not faint. Once we have made the decision to accept Christ, repent of our sins, and make him our Lord and Savior, we have a source of strength that surpasses all understanding, and that strength will give us the ability to stand up and to run the "race of the Christian life" without becoming tired and weak. I encourage all of you this week to put your hope in the Lord, and find your strength in Him and Him alone.

WALK BY FAITH

II Kings 20:3

"Remember, O LORD, how I have walked before you faithfully and with wholehearted devotion and have done what is good in your eyes."

This statement above was made by Hezekiah after he had been informed by a prophet that he was going to die very soon. Once he heard the prophesy, he cried this prayer out to God, and just asked for him to remember the ways in which he had "walked by faith" throughout the course of his life, and how he had devoted himself to doing the right things in His eyes. God heard the prayer of Hezekiah, and this was His response: *"I have heard your prayer and seen your tears; I will heal you. On the third day from now you will go up to the temple of the LORD. I will add fifteen years to your life. And I will deliver you"*. God heard the cry of Hezekiah, and immediately came to his rescue.

In our own lives it often seems as though someone has told us that we are "going to die" in some way or another, or that God's plans for us will never come to pass. We need to be like Hezekiah, and walk by faith in knowing that God is always there to hear our cry. We must strive to live our lives in such a way that we are wholeheartedly devoted to doing what is right in the eyes of God. God desires to deliver us from whatever struggles we are facing in life, but we must be willing to call upon Him for help. I encourage all of you this week to turn to God in your times of uncertainty, and truly devote yourselves to living for Him.

PURPOSE

Acts 17:25

"And He is not served by human hands, as if He needed anything, because He himself gives all men life and breath and everything else."

Acts 17:28

"For in Him we live and move and have our being."

The above passages are statements that Paul made to the Athenians in regards to their need to rely on God alone, and nothing else. During that time, the Athenians were searching for something in which to find purpose and meaning, and in the process they made for themselves many false gods in the form of idols. After Paul witnessed an altar bearing the inscription: *"to the unknown god"*, he boldly confessed to the Athenians that the unknown god, was in actuality the only True God, and that God himself is everything that they could ever need.

Once we have accepted Jesus Christ as our Lord and Savior, it is so important that we strive to find our 'purpose' in Him and nothing else. At times, it is so easy for us as athletes to find other ways in which to find meaning in our lives. We must understand that God has promised us that He will provide us with everything that we need, and He truly desires us to find our purpose in Him and Him alone. I encourage all of you this week to put God above everything else in your life, and truly seek after Him.

EXPECTATION

Philippians 1:20

"For I fully expect and hope that I will never be ashamed, but that I will continue to be bold for Christ, as I have been in the past. And I trust that my life will bring honor to Christ, whether I live or die."

In the midst of persecution and bondage, the apostle Paul proclaimed this statement above and claimed his own personal expectation that he would never do anything that would bring him shame, but that he would always stand up for Christ no matter what the consequences. It is hard to imagine all of the terrible things that Paul must have been facing during that difficult time in his life, but it is so encouraging to know that his relationship with Christ only seemed to grow stronger through the adversity, and his expectations as a follower of Jesus Christ never changed.

As student athletes we are constantly faced with so many different expectations, and we struggle to meet those expectations even in the midst of adversity. During a game we will face certain ups and downs, but we realize that our expectation of finishing the game as winners will not change. In our own Christian lives, we must not forget the expectations that we have set for ourselves as believers, and we must strive hard to never bring shame to ourselves and especially not to the name of Christ. I encourage all of you this week to be bold for Christ and expect to do great things in His name.

ENCOURAGEMENT

2 Thessalonians 2:16-17

"May our Lord Jesus Christ himself and God our Father, who loved us and by his grace gave us eternal encouragement and good hope, encourage your hearts and strengthen you in every good deed and word."

Paul makes this statement above in his letter to the Church of Thessalonica. He is encouraging all of those people to stand firm, and to live out their faith in Jesus Christ. He reassured them that all of their words and deeds were not being overlooked, and that they should seek encouragement and hope in knowing that Jesus had made a way for them to have eternal life.

At times it can be so easy to feel discouraged, and overwhelmed by different things in our lives. Finding encouragement in times of struggle and hardship can be difficult, but we must understand that as we search for different ways to be encouraged, we must first look to the One who has given His life for us, and made a way for us to have eternal life. As all of you strive to stand up for Christ and truly live for Him, I pray that you will not become discouraged in doing what is right, but that you will always find hope and encouragement in our Lord Jesus Christ.

POSSIBILITY

Luke 1:35-37

The angel answered, "The Holy Spirit will come upon you, and the power of the Most High will overshadow you. So the holy one to be born will be called the Son of God...For nothing is impossible with God." "I am the Lord's servant," Mary answered. "May it be to me as you have said." Then the angel left her.

When Mary heard that she was to have a child, she first questioned how that would be possible since she was a virgin. The response above was made by the angel Gabriel to assure her that nothing is impossible with God. After hearing the angel's response she quickly reacted by humbling herself and saying that she was the Lord's servant.

Many times in our lives, when it seems as if God has spoken to us and directly shown us His will for our life, we first question the possibility of it actually taking place. We must realize that God has a plan for us, and He is willing to work miracles in our lives if we just humble ourselves before Him. I know that there are many things that we struggle with each and everyday that seem so hard to overcome, but we must realize that God is All-Powerful, and He is fully capable of seeing us through those difficult times. So during this Christmas season, I encourage all of you to understand that whatever you are dealing with in your life right now that may seem impossible, **KNOW that with God **ALL** things truly are **POSSIBLE** if we just put our trust in Him!**

COURAGE

Deuteronomy 31:6

"Be strong and courageous. Do not be afraid or terrified because of them, for the LORD your God goes with you; he will never leave you nor forsake you."

After God had revealed to Moses that he was not going to be able to cross over into the promise land with the rest of Israel, Moses makes this statement above while addressing the entire group of Israeli people. He assures them that the armies which were currently possessing the land would not keep them from the promise that God had made to them. Though the armies were great in number and very strong, Moses firmly commanded them to NOT be terrified or afraid because the LORD their God would always be there and would NEVER leave them.

Many times in our lives, when it seems as if something that God has promised to us is so far out of reach, that our first initial reaction is that of fear and terror. As we strive to live out our faith in Jesus Christ, we must understand that it will not always be easy, and that God's plan for us will not always be clearly seen. In those times of doubt and uncertainty regarding God's promises to us, we must stand firm in one of God's ultimate promises that he will NEVER leave us or FORSAKE us no matter what our situation. I encourage all of you to be strong and have COURAGE in knowing that the Lord is always there.

SHINE

Philippians 2:14-15

"Do everything without complaining or arguing, so that you may become blameless and pure, children of God without fault in a crooked and depraved generation, in which you shine like stars in the universe"

The statement above was made Paul in his letter to the church at Philippi, and he was encouraging each one of them to continue to live their lives for Christ the right way because others would be noticing their actions, both good and bad. Paul wanted to let them know that they were children of God and that they possessed the capability to shine like stars in the midst of those who were unrepentant and living in sin.

Many times in our lives, we too can become complacent in regards to living our lives for Christ in such a way that others will see the truth. We must understand that as children of God we are called to shine like stars to our generation. I encourage each one of you to strive to do everything you can to make use of the amazing gift that God has given, and that gift is the ability for us to
SHINE

PLANS

I Corinthians 2:9

"No eye has seen, no ear has heard, no mind has conceived what God has prepared for those who love him."

Proverbs 16:3

"Commit to the Lord whatever you do, and your plans will succeed."

When Paul was writing to the Church at Corinth he wanted them to understand that they must not rely on their own knowledge and wisdom in regards to God's plans for them because no one could ever comprehend the magnificent plans of God. He desperately wanted the people to know that if they would just focus on loving God and seeking after His will, that God would direct them and guide their steps until His plan was accomplished in their lives.

Many times in our lives we forget to put God's plans before our own, and in those instances we often end up feeling overwhelmed and unsure of the future. We must realize that God has promised us that if we truly focus on loving Him and living for Him, that our plans will be accomplished according to His will. I just want to encourage all of you this week to let go of all of the worry and doubt in your lives, and truly focus on loving and trusting God will all of your plans. Remember that God is in complete control of our lives, and just rest in the blessed assurance that He is with you this very moment, and He will be there to see all of your plans succeed.

DO NOT WORRY

Matthew 6:25a;27

"Therefore I tell you, do not worry about your life... Who of you by worrying can add a single hour to his life?"

Matthew 6:33-34

"But seek first His kingdom and His righteousness, and all these things will be given to you as well. Therefore do not worry about tomorrow, for tomorrow will worry about itself. Each day has enough trouble of its own."

These two powerful statements above were made by Jesus Christ Himself. Jesus realized just how much the people of that day were worrying about their own well-being instead of relying totally on Him for their every need. Christ made it very clear that all of their worrying would never solve anything at all, but would rather hinder them in their faith.

I truly feel that many times in our lives we tend to dwell on things that Christ has commanded us not to worry about. Jesus Christ has promised us that if we will truly focus on seeking after Him and His kingdom, that everything else will be added unto us. I encourage all of you this week to take Jesus up on His promise, live a life of faith, and let go of all of all of your worries, because your Heavenly Father is there and He is in complete control!

CONFIDENCE

I John 5:13-15

"I write these things to you who believe in the name of the Son of God so that you may know that you have eternal life. This is the confidence we have in approaching God: that if we ask anything according to his will, he hears us. And if we know that he hears us—whatever we ask—we know that we have what we asked of him."

The statement above clearly portrays the confidence that we have in Jesus Christ in knowing our eternal destiny, and our ability to approach His throne in prayer. Once we have accepted Christ as our Lord and Savior, we can have complete confidence that we have eternal life. Not only do we eternal hope, but we have hope in our lives on earth right now in knowing that God will hear us when we call on Him in prayer, and that He truly desires to hear our every request.

As athletes, we know that our confidence on the court or field comes from knowing the plays and our overall preparation throughout the week leading up to the game. I believe this can be applied to our daily Christian lives as well. In order to have confidence in living for the Lord on a daily basis, we must strive to maintain a proper prayer life, and continue to get into His word. God desires us to live our Christian lives with confidence in knowing that we DO have eternal hope and we CAN lay our requests at His feet. I encourage all of you this week to live your lives with confidence in Jesus Christ, and strive to know Him more every day.

WISDOM

Proverbs 1:7

The fear of the LORD is the beginning of knowledge, but fools despise wisdom and discipline.

Proverbs 3:13

Blessed is the man who finds wisdom, the man who gains understanding

Before we can completely comprehend this passage of scripture, it is so important that we first understand who the writer is. These powerful statements were made by King Solomon, who in all actuality is probably one of the wisest, wealthiest, and successful men of all time. It would be very hard for us to fathom all of the knowledge and power that he had during that time period. Throughout the book of Proverbs, Solomon stresses the importance of finding wisdom. He boldly states that the "fear of the Lord" is the beginning of wisdom, and that the Lord above is the only giver of true knowledge.

I believe that many times in our lives that when we constantly strive to find truth and knowledge, we often overlook our need to first focus our attention on living for the Lord in reverent fear. God does not want us to be scared of Him, but rather fear him in the same way a son reverently fears his father by means of respect and faithfulness. Once we have accepted Christ as our personal Lord and Savior, we can rest assured that we have the best Father one could ever imagine. I encourage all of you this week to strive to live your lives in reverent fear of the Lord because when we do that, we can know that God has promised to grant us with wisdom beyond comprehension.

CALL ON HIM

Psalms 145:18-19

The LORD is near to all who call on him, to all who call on him in truth. He fulfills the desires of those who fear him; he hears their cry and saves them.

The statement above was made by the psalmist David, and the scriptures tell us that David was a man after God's own heart, so I feel that it is so important that we seek out what kind of man David truly was. Now, in no way was David perfect, because in all actuality he had made more mistakes in his life than most other men in the Bible, yet in God's eyes he was still seen as a man after HIS own heart. The reason that God looked upon David in such a way as this is because David never stopped calling out to Him during his times of disappointments and failures. David continually cried out to the Father and let him know what was on his heart.

I believe that is so important that we don't forget that God wants us to continue to call on Him no matter what we are going through in our lives. He cares about us more than we could ever fathom, and He desires to hear our cry and grant us with the desires of our heart. God is truly willing to save us from our despair and daily difficulties, but we must not become reluctant to let Him know what we are struggling with in our lives. I encourage all of you this week to make it a priority to call on the Lord in each and every circumstance, and rest in knowing that when we do call on Him that He truly is NEAR to us.

EAST TO WEST

Psalm 103:11-12

For as high as the heavens are above the earth, so great is his love for those who fear him; as far as the east is from the west, so far has he removed our transgressions from us.

In the scripture above, I believe that David makes one of the most profound statements in the Bible in regard to our sins. As we know, David was known as a man after God's own heart, but had also made a lot of mistakes in his life. The one thing that earned David the right to be called a man after God's own heart was his true desire to run back to God, ask for forgiveness, and repent of his sins. David realized that although he had made some mistakes in his past, after he confessed his sins God had put them so far away that even He would no longer remember them. For this reason, David was able to continue praising God and living for Him without being entangled by shame and guilt.

Once we have accepted Christ as our personal Savior by confessing our sins and putting our entire trust in Him, the Bible clearly states that our sins are gone and that God has put our sins as far away as the *east is from the west*, and He remembers them no more. So many times in our lives we hold ourselves back from praising God and living for Him because of all the guilt and shame that we hold onto due to past mistakes. We must understand that if we confess our sins that God is faithful and just to forgive us of our sins and clear us from all unrighteousness (I John 1:9). When Jesus Christ died on the cross, all of our sins were nailed there with Him, and we must know

that God is not holding a cup of wrath above our heads waiting for us to mess up, because all of God's wrath was poured out on His one and only Son for us. I encourage all of you this week to realize that when we confess our sins that our guilt can vanish because God has put our sins as far away as the *east is from the west.*

CRUCIFIED

Galatians 2:20

I have been crucified with Christ and I no longer live, but Christ lives in me. The life I live in the body, I live by faith in the Son of God, who loved me and gave himself for me.

In the scripture above, the apostle Paul is trying to convey to the church at Galatia the role of the Holy Spirit in their lives. He wanted to share with them the fact that once they had accepted Jesus Christ as their Lord and Savior, they were no longer alone and on their own. He basically tells them that they are no longer living, but that Christ was now living through them. He encouraged them to live by faith in knowing that in every situation in their lives, the Holy Spirit was now dwelling within them and would be their true source of comfort and strength.

Once we have accepted Christ as our personal Savior by confessing our sins and putting our entire trust in Him, the Bible clearly states that we are no longer on our own. This truth can bring us so much assurance and hope in realizing that everything we go through in life, whether good or bad, that it's not about us at all, or what "we" can or cannot do, but it is about Jesus Christ. The scripture clearly portrays to us that we are now dead to our old selves and made alive through Christ. I encourage each and every one of you this week to understand that no matter what you're going through right now that seems so impossible to overcome, Jesus Himself is dwelling in you and He is there to bring you strength and comfort beyond comprehension. We must realize that we have been crucified with Christ, and that we are no longer on our own.

HUMILITY

I Peter 5:6 *"Humble yourselves, therefore, under God's mighty hand, that he may lift you up in due time."*

James 4:6 *"God opposes the proud but gives grace to the humble."*

I Chronicles 17:16 *"Who am I, Lord God..that you have brought me this far? And as if this were not enough in your sight, My God, you have spoken about the future of your servant."*

The scriptures above clearly state the importance of being humble throughout life's journey. I believe the main idea in these passages is that "we" are not responsible for our own success or admiration because it is God himself who is able to lift us up and bring us to those 'mountain top' experiences in our lives. In the first book of Chronicles, I honestly feel that King David makes one of the most humble statements found in scripture. In order to fully understand the significance of his statement, we must first realize David's background. Over his life, David had seen God work absolute wonders in his life, as he had seen God promote him from being a lowly shepherd boy, to a King. David had slain a giant, conquered many armies, and was now one of the most powerful men in the entire world, and his humbleness throughout his life is what made him a true vessel for God to use. Amidst all of his great successes, and accomplishments, David still approached God by saying "who am I, that You have brought me this far?"

Many times in our own lives, when we want God to promote us in one way or another, we often overlook our need to be humble. God is looking to use individual's who are

completely humble, and those who desire to bring glory to His name. Once we are able to humble ourselves before God, it is then that we will be able to be used by Him for His purpose. Be assured that God cares about what you are going through right now, and He has a plan for your future. I encourage each and every one of you this week to let go of your pride, live a life of humility, and hold on to the truth that God WILL lift you up in due time.

BE STRONG

Joshua 1:9

"Have I not commanded you? Be strong and courageous. Do not be terrified; do not be discouraged, for the LORD your God will be with you wherever you go."

The statement above was made by the LORD Himself as he was speaking to Joshua. Prior to the LORD's powerful words, it is important that we realize that Moses had just passed away, and now the people of Israel were able to cross over into the land which the LORD had promised to them. Joshua's role had just changed, and God had placed him in charge of fulfilling His purpose. In the previous verses leading up to verse 9, the LORD repeated the phrase "Be strong and courageous" because He knew that Joshua needed the assurance that everything was going to be fine. The LORD wanted Joshua to know that He was with him, and would give him the strength needed to take over the promised land.

I believe that many times in our own lives when we feel as if God has promised us one thing or another, we often allow our insecure feelings of fear and weakness take control of our entire outlook on God's promises. We must realize that no matter how impossible or difficult something may seem, that our sole source of strength and courage comes from the LORD Himself and nothing else. I encourage each and every one of you to understand that there is no need to let insecurities such as fear and weakness get in the way of God's plans for your life. The LORD will never leave your side and He WILL provide you with the strength and courage needed to see HIS promises come to pass in your life.

PREPARATION

I Corinthians 9:24-27

"Do you not know that in a race all the runners run, but only one gets the prize? Run in such a way as to get the prize. Everyone who competes in the games goes into strict training. They do it to get a crown that will not last; but we do it to get a crown that will last forever. Therefore I do not run like a man running aimlessly; I do not fight like a man beating the air. No, I beat my body and make it my slave so that after I have preached to others, I myself will not be disqualified for the prize."

The apostle Paul made these statements above in his writings to the Church at Corinth. He was writing to them in hopes of encouraging them to remain strong in their faith. He wanted them to realize that they should approach their stand for Christ in the same way a trained athlete prepares for competition. He desired for the Church of Corinth to understand that in order to become strong witnesses for the name of Christ, they should not approach their Christian lives aimlessly but instead prepare themselves to make a true difference in the world.

As believers in Jesus Christ, we must not take our stand for Christ for granted. We have been called to be a light in a dark world, and that task is not an easy thing to do in our society today. As athletes, we know that we can not expect to see success come our way if we are not willing and determined to work with purpose and strive for victory. We put in hours upon hours of preparation and training to see our dreams and goal come to pass, and I

believe that if we took this same outlook on our Christian lives, we too would see great things happen for the Glory of God. Realize that Jesus suffered, died, and rose again for a reason, and that reason is for the world to come to know Him. In order for us to make a difference in this world for the name of Christ we must prepare ourselves spiritually through prayer and the reading of God's word. I encourage each and every one of you this week to NOT live your lives for Christ aimlessly, but instead live your lives with the purpose of leading others to Him. Be prepared for God to use you in a mighty way.

FAITHFULNESS

I Corinthians 1:8-9

He will keep you strong to the end, so that you will be blameless on the day of our Lord Jesus Christ. God, who has called you into fellowship with his Son Jesus Christ our Lord, is faithful.

Proverbs 3:3-4

Let love and faithfulness never leave you; bind them around your neck, write them on the tablet of your heart. Then you will win favor and a good name in the sight of God and man.

The first verse shown above found in Corinthians is referring to the faithfulness of God, and the truth that He will never turn his back on us or forsake us. The scriptures characterize God as being a completely faithful God who in despite of our mistakes He continues to be there for us. The second verse shown above found in Proverbs is a command to us as believers to also be faithful to God in order to 'win favor and a good name both in the sight of God and man'. The writer of Proverbs continually reiterates the fact that we must strive to be faithful to God.

In order to gain a better understanding of what it means to be faithful, we can parallel our relationship with God, with relationships that we have with others here on earth. If you were in a loving relationship with someone else, and you found that they were being unfaithful to you, it would most likely be devastating to you and make you feel as if you were betrayed. If we have accepted Christ as our personal Lord and Savior, and

now have a relationship with him, we must strive to be faithful to Him in everything we do. Try to imagine how God feels when we constantly betray him by the things we say and do, and are not faithful to Him. The amazing thing that we must understand is that regardless of how faithful we are to God, his faithfulness and love for us never changes and we must not take that truth for granted. I encourage each and every one of you this week to be faithful to God in every aspect of your life because He loves you so much that he gave his own Son Jesus to die for our unfaithfulness. Rest assured in knowing that God will always be there for you, and He will always be faithful.